

# **Humankind Fundamental Teachings**

part 1

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When I am teaching in my seminars, I explain much more compared to what is written in this book. If all would be written here, this book would be several times larger. I encourage you to participate in my seminars to learn deeper.

The price of this book – your donation.

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If you prefer to recompense me in other ways, please, let me know.

Master, welcome in Life; let us start the play.



## SOME SINCERITY

Master, I hope that you do not really believe the title page of this book; do you?

No? Very good! Do not believe, because it is an advertising trick to catch your attention and make you interested in reading this book.

On the other hand, it is a fact that this book contains some fundamental teachings which were given to humankind by exceptionally wise teachers. Regardless of whether they were legendary or true men, humankind made some of those teachers so famous that their names and teachings are now worshiped worldwide. The interesting fact is that those teachers were talking to people about the same fundamental things. In other words, those teachers were disseminating some fundamental information which is essential for understanding and managing Life consciously.

Those teachers appeared in different places and different times; however, while teaching they were using different terms and explanations for same things. This is the reason why most people misunderstand ancient teachings and maybe even quarrel with other researchers or readers. In order to avoid misunderstanding and to explain some fundamental ancient teachings in this book, I do not use terms used by those teachers of humankind. Where I find it possible, I use commonly understood terms or give new terms with definitions.

Let me make it clear from the beginning – I beg you, I order you, I warn you, I frighten you, I advice you ... whatever... in anyway, I state it here as follows.

Please, do NOT ever believe even one word written in this book! I repeat and emphasize. Do NOT believe me! If you do, you may go wrong way and get lost, thus you will suffer. I really do not want you to believe me.

I wish that you do think yourself logically, do your own research, meditate information and experience it, so that you can build your own knowledge.

Why do I want you to read my book? Well, because I would like you to:

- stop following ideas from other people, but fully think yourself;
- rely on and use your unlimited Inner Power;
- get rid of your harmful beliefs;
- end your unawareness and slavery;
- educate yourself consciously;
- live in accordance with nature.

I guess that you do not fully understand what I mean. That is OK for now. The path of changing your awareness from ‘enslaved, unaware sheep’ to ‘enlightened Master Creator of Life’ requires some effort and time.

Yeah, I sincerely admit that I may use some rude or even offending expressions in this book. You may feel that. Why do I do that?

My intention never is to be rude or to offend anybody. I just want to make you hear me, pay good attention or even meditate about issues that make you suffer in your life. Please, do not feel upset or offended. Please, do not misunderstand me. Forgive me to talk emotionally. OK?

Why would I share with you information which may help you to achieve the goals stated above? In fact, a lot of information which you will find in this book is banned from public schools. This information is destined only for the elites, not for the slaves or sheep. I feel that is more beneficial for the humankind to know this information, to make it public.

What I am going to teach here is just some basics. If, having read and meditated the entire content of this book, you decide to know more, really become fully enlightened Master Creator, then ... to make a long story short ... you need to go with me to nature in order to practice, maybe

even do some unusual, crazy or dangerous exercises. Usually we do that in my advanced seminars in nature.

## WHO AM I ?

Well, if you care to, feel free to define me for yourself. You can put any label on me, depends on how you describe or judge me. Be aware that whatever label is put on me, that is not me, for sure. Sincerely, I do not care so much what labels people glue on me. One thing is clear and sure for me, I am not who people think I am nor who they expect me to be.

## WHAT AM I AND WHAT DO I DO ?

I am just a simple, ordinary man, nothing really special. As such, I look, feel and behave like an average inhabitant of this planet. It is my choice to be a common man, so that I can experience human life on Earth.

I have been studying Life which includes sciences, religions, philosophy, beliefs, people and nature. I have been experiencing myself, using my body and psyche as laboratory tools, which made me suffer or enjoy all the time, and which allowed me to observe Life deeper.

While building my knowledge, I also share it with other people. I teach, which means, I share information from my knowledge, speak what I believe and instruct people to do exercises.

## Why do I do all of that, including this book?

Well, I feel that fully answering this question by writing or talking is impossible. You would need to use telepathy to communicate with me, if you really care to understand me. Explaining intellectually, I would say that this is how I play this game titled "Life".

In this game, myself (as body and mind) represent a character of a man who shares with people the basic knowledge of living, so that people can easier achieve the goals stated above. I like to sustain the game of Life and create new ones. I also like to see people grow, consciously develop themselves, experience expanding awareness, because I Love people.

## WARNING

If you are a serious practitioner or follower of any religion, faith, philosophy system or you follow a master, please think twice, reconsider whether to continue reading this book. If you do continue, you may feel deeply hurt or angry or even hatred can arise in you. The deeper you are in any of these belief systems, the more difficult it may be for you to understand this book, and the stronger emotionally you might explode.

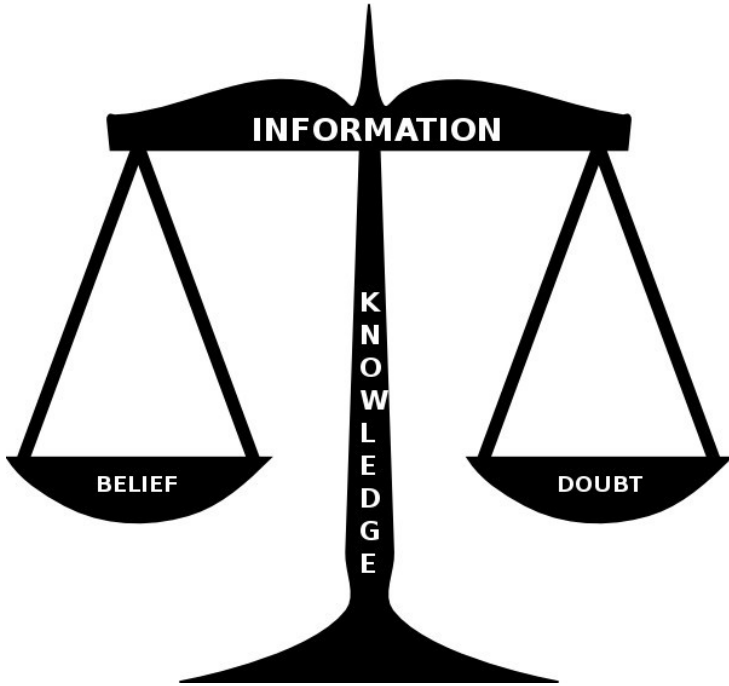
I suggest that you stop here. Do not read this book. You may not be ready yet. Go back to you belief and continue your chosen way.

However, if you do not accept my advice and you decide to risk, whatever later happens to you, all of that will be the result of your decision. Using a popular expression, I would say: it will be your fault and problem, I will not feel sorry for you.



# INFORMATION, BELIEF, KNOWLEDGE

Most people do not understand the significant difference between these three terms. This is why, almost everything that people think they know, is not what they know, it is what they believe. Let me explain in detail.



## INFORMATION

Information is any data that you become aware of, perceived by your body senses that is the five material senses of the flesh and the senses of your spirit. If you had no senses, you would not be able to receive any information.

Some examples:

- How do you discover when it is hot, humid, windy, etc.? It is your body touch sense that sends data to your body nerve system.
- You can hear music, dog barking, thunder sound and people talking because your body hearing device delivers data to the nerve system.
- Books are written, films are produced, sport arenas are built because the human eyes are visual communication devices that perceives visible data.
- Suddenly you feel different, maybe strange, because your mood changed for no apparent reason as if this happened from within yourself – this may be caused by data coming from senses of your spirit. Telepathy works in this way, senses of your spirit perceive and transmit data in the immaterial world.

All your senses perceive and send data to mind for processing. Very small amount of this data is noticed by your intellect; in other words, you become aware of only a tiny amount of data which was processed by your mind. The rest is stored in your memory; it can be called ‘unconscious’ or ‘subconscious’ information.

Usually, when people say ‘information’, what they mean is what they have seen or heard, that is data perceived by their eyes or ears. I also do not want to go too deep in scientific details explaining data and senses; therefore, from now on, when I write ‘information’, I usually mean what we see and hear.

## BELIEF

Everything that you read is just information, regardless of its source. It may be an article on the Internet, a chapter in an ancient holy book, an announcement on a shop window, etc. – all of that is just information, not your knowledge.



Everything that you see and hear on TV, Internet, cinema, etc. is just information, regardless of its source.; that is not your knowledge.

When information comes to you, you can believe or doubt it. You are probably aware that most of information published by the of mass media is, at least, inaccurate. A lot of information published in historical and scientific books is also inaccurate, sometimes it is lies.

When you notice information, you can choose – to believe or doubt it. You believe when you suppose that information is true. When you suspect that information is not true, you doubt it.

Belief and doubt are things that you do not know, so they are not your knowledge. What you read or see is not what you know. Let me give you two examples.

Let us imagine that you read something in a worldwide recognized, highly respected so-called holy book. What you read is just information, it is not your knowledge, therefore you should not say that you know that. You can say that you believe or doubt that.

Let us imagine that you are watching a science documentary film. For you, the content of the film is information only, it is not your knowledge. Again, you can say that you believe what was presented in the film, but you do not know it, although you know what you have seen.

Do you get the point? You know what you have read and seen but information contained in these sources is not your knowledge. That is only information which you can believe or doubt.

It is quite possible that the author of a book wrote all the content from their knowledge. In other words, the author really knew the material, so it was their knowledge, not a belief.

It may be the same in case of a film. The film director was based on their knowledge, not their belief, while producing it.

What I want to emphasize here is that information may come from the knowledge of those who have published it. However, according to results of my research, most information is published based on beliefs of authors, not from their knowledge. People believe something, they may be sure that it is true, so they spread this information.

Be aware that, regardless of the source, what you see and read may not be true. Regardless of whether it is true or not, this information is not your knowledge, it is still information for you. As long as you do not know, you can only say that you believe or doubt that information. In other words, you can believe or doubt information which is true or false, because you do not know it.

## KNOWLEDGE

When you become interested in some information, you can decide to check it out. The more you experience this information, the closer to your knowledge it becomes. What you read or see is not your knowledge, it is just information, but when you take this information, research it, work with it, experience it with all your senses, then it may become your knowledge. Knowledge is a structure which you have built on your experience and then stored in your memory.

Now, let us check whether you understand my explanation. Would you like to answer questions?

1. Your friend, who is calling you, says that he is working in his office. Can you say that you know where your friend is and what he is doing?
2. There is an article on the Internet popular science site describing an unusual weather phenomenon. It includes a photo which illustrates the phenomenon. Having read the article, can you say that you know

what the weather phenomenon was?

3. It is written in a biology study book that man cannot survive without drinking water longer than 7 days. Do you know, how long you can live without drinking any water?
4. Your mother told you that she gave birth to you on the date x. Do you know who gave birth to you and when?
5. Do you know the shape of the planet Earth?
6. A widely respected, so-called 'holy book', contains a sentence of a world-wide worshiped figure XYZ who said "xxx xx xxxx xxxxx." Do you know whether XYZ existed and what they said?

There are endless examples where people say that they know, but in fact they do not know, they believe. In all of above questions, the proper answer is "I do not know." (Unless you really did know.)

If you say that you know, then I ask you – How do you know? Was it because somebody told you? Did you find it written in a book? Well, all of these is not your knowledge, it is information only.

Shocked? Vast majority of people even do not know who gave birth to their body, when and where it occurred. Of course, when you ask them, they answer that they are sure, it was their mother; but still, they cannot say that they know, unless they really clearly remember their own birth.

Knowledge cannot be given to you. Knowledge cannot be read or seen. Knowledge has to be built on your own experience. When you have information, you need to see it, hear it, smell it, touch it, taste it, etc., maybe many times in different circumstances. This is how you build your own knowledge. Then you can say that you know. This process may be instant or it may take a long time.

Knowledge stored in your memory is eternal and can be retrieved. While retrieving your knowledge, you can share it by writing, talking, drawing, or in other ways. That is your knowledge which you are sharing, but for

the others it will be information only. You cannot give them your knowledge.

One more important thing. Knowledge is relative. Several people can have different knowledge about the same thing. For example; imagine that you are sitting in a small room with two friends. Then you say, from your knowledge “It is quite warm here.”. This is true for you, you really feel warm, that is your clear experience.

Your friend says “It is cold here.”. That is true, he knows what he feels, so he is talking from his knowledge.

The third friend says “It is just right here, very comfortable.”. He feels his body so he knows what he says.

You see, three people talking from their own knowledge, but they state differently about the room temperature affecting their bodies.

Remember, knowledge is relative. What you know about a subject, does not have to be exactly the same what others know about it, although all will speak truth. Due to this reason, also due to other reasons, truth is relative. You are the source of your knowledge and truth.

I hope that now you understand me better, why I have insisted that you do not believe what you read in this book. I really do not want you to believe me. Although I may talk from my knowledge in this book, my knowledge is not yours, and my truth is not yours. I share my knowledge and my beliefs with you. I am glad that you pay attention to it, but in order to know, you need to research and experience, to build your knowledge.

a belief or a doubt = lack of knowledge

I believe. = I do not know but I suppose that it is true.

I doubt. = I do not know but I suppose that it is false.

You should believe. = You should not know.

- When people ask you to believe, they may not want you to know. When they ask you to strongly believe, they may be scared that you may know.
- Religions are based on belief, not on knowledge. To be a good follower of a religion, you must “strongly believe” which basically equals to ‘must not know’. Why? Obviously, the moment you find out the truth, you free yourself from the trap of a religion. “The truth sets you free.” – is it not?
- A belief and the truth are opposite things. The conscious man knows the truth, never believes it. The unconscious man believes something, which may be true or false, they never knows it.

## FALSE INFORMATION

Now, when you are more aware of what is the difference between information, belief and knowledge, let me warn you once again. I share what I have found out, because I consider it to be very important, although I suppose that this warning may be shocking for you.

When I look at many web sites on the Internet, dedicated to and explaining so-called spiritual teachings, I see so much false information. When I listen to so-called masters or enlightened teachers, I hear so much false information. When I read books written by famous authors, who are widely advertised as enlightened masters, I see so much false information.

Be aware, that masters and teachers, enlightened or not, famous or not, are known for disseminating false information, this is because they often teach what they believe.

Let me tell you straight, because in my opinion this is really important, do not behave blindly like a sheep. Mainly what I mean, do not allow others to feed you with false information. Stating it simply, do not blindly

believe what you read, hear and see. It is worth to pay attention to some information but believing or following it may cause harm. Therefore, I suggest that you check it out on yourself and see how it works for you.

Every man, regardless whether they are a homeless drunk or the most respected master, spreads true and false information during their life. Therefore, when you blindly follow their information, you may be wandering on your path of conscious self-development.

## KARMA

Karma is a Sanskrit word which became popular all over the planet. It can be analyzed from two points of view, one is scientific, the other is religious. The scientific definition is Newton's third law, also known as the law of action-reaction, which states “for every action there is an equal and opposite reaction”. You can find detailed explanation of this principle in physics books.

Karma is an important part of Buddhism and Hinduism; as such, it is an example of a widely spread belief. According to this belief, whatever you think about, say or do to other being, mainly man, will come back to you. Especially when you do something “bad” or “good”, it will return to you. Therefore it is suggested that you do “good” in order to accumulate a lot of “good” which you will experience later in this or next life. This belief of ‘your actions will cause reactions which will affect you’ is present in many religions.

Christianity does not use the term “karma” but there is a very similar concept where God rewards people for doing good deeds and punishes them for sins. Besides that, there are many citation in the Bible, with one being most famous – “You reap what you sow.” – which essentially preaches what Hindu and Buddhist karma teaches.

As you can conclude, religious karma is based on judgment. You need to judge thoughts, words and actions whether they are “good”, “neutral” or “bad”. There is no religious karma where there is no judgment.

Hence judgment is based on belief, you first have to believe that there are good or bad deeds. Therefore, first, deeds have to be defined in two categories, good and bad, whether by you or by others. If you accept definitions of others, what is good or bad, then you follow their beliefs.

In practical life, if you do something which is “good” to other man, they will be inclined to recompense you with something commonly judged as “good”, whenever there is an occasion to do that. If you understand how the mind works, then you will see how programs built in instinct, running judgments, function and interact between people. These programs can be called karma software.

In your culture, some actions are programmed to be judged “good”, but in other cultures exactly same actions are programmed “bad”. Besides that, in some circumstances an action can be “good”, but it becomes “bad” in other circumstances. Then, how karma works in these cases? Well, the results of the actions will depend on the judgments of people involved in those circumstances.

As you can see, the religious karma is just programming found in instinct. Manipulators use their knowledge of your instinct in order to create your beliefs and make you to follow them. They need sheep. Do you want to be one?

## STARTING FROM NOTHING

A long journey starts with the first step, with just one step. I could start this book from it, but, I like to be more precise and scientific. I like to research deeper, therefore I prefer to start with what is before the first step, at the very beginning. You may need a solid foundation, on which all is built, from which all derives, originate.

What digit is before 1? I guess that you are good enough in mathematics to know the answer – 0 precedes 1. This is our starting point. Sometimes, instead of “zero” people say “nothing”, so let me start from nothing.

I am introducing a new term for “zero” or “nothing”:

**The Consciousness.**



# THE CONSCIOUSNESS

Let us start a story about the most misunderstood thing in this universe. First, let me ask you – what is ‘nothing’ or ‘zero’? Have you ever seen it? Can you imagine it? Please, do, imagine ‘nothing’, imagine ‘zero’.

What do you see?

No ... come on ... do not try to explain to me ‘zero’ or ‘nothing’, for sure, you will fail. Why? Whatever it was that appeared in your intellect, when you tried to imagine ‘nothing’ or ‘zero’, was something. Something is not nothing.

Confusing; is it not ? Indeed, there is no way for the intellect to imagine or understand ‘nothing’ or ‘zero’. The intellect is a part of your mind; it is designed to deal with data, which means to deal with something. So, do not expect the intellect to deal with what it was not designed to do.

Normally, man cannot imagine what ‘nothing’ or ‘zero’ is, thus they cannot explain it. There are methods to make the intellect understand these terms, I will explain them later.

As I just mentioned, this is a story about the most misunderstood thing in this universe. By the way, you probably know how funny people are. If they cannot understand something, they will create a number of stories and explanations about this thing. They will also give this thing names. This activity is called philosophizing.

Throughout the history of civilizations, the number of stories, explanations and names of the unknown thing will grow and grow. Thousands of years later, when you want to find the truth, you may be very confused, unless you are enlightened.

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